



VEIN CLINIC | COSMETIC MEDICAL CLINIC | DR. NICHOLAS J. MORISON CCFP

PRE & POST CARE FOR MICROTOX FACIALS

PRE-TREATMENT:

- Sun Exposure and/or usage of a tanning bed, including self-tanning products, must be avoided for a minimum of 24 hours before and after the treatment. Treatment within 24 hours of prolonged sun exposure (natural sunlight, artificial tanning booth, or sunless tanning products) may result in hypopigmentation (white spots) or hyperpigmentation (dark spots) that may not clear for several months, or may be permanent.
- Retin-A, Renova, and Tazorac must not be used for 3 days before treatment.
- Avoid cosmetic treatments such as injectables, chemical peels, laser, waxing, chemical depilatories for 2 weeks before treatment.
- Notify the provider of any tattoos, including cosmetic tattooing, in the vicinity of the areas to be treated, as tattoos must be avoided.
- If you have a history of cold sores, we may recommend prophylactic antiviral therapy.
- You may not receive this treatment if pregnant or breastfeeding.
- During the course of your treatments, notify our staff of any changes to your medical history, health status, or personal activities that may be relevant to your treatment.

PRECAUTIONS AND CONTRAINDICATIONS: Please notify your provider if any of the following apply.

- Cold sores (active or history of), warts, open skin lesions, sunburn, extreme sensitivity
- Blood thinning medications
- Allergies to metals, and topical anesthetic
- Accutane or generic within the past 6 months
- Cancer, chemotherapy or radiation therapy
- Collagen Vascular Disease
- Eczema, Rosacea, Psoriasis, or Dermatitis
- Hemophilia/bleeding disorders
- Keloid/hypertrophic scarring
- History of autoimmune disease or any condition that may weaken your immune system



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POST-TREATMENT:

- A sunburn-like effect immediately post-treatment is normal. The treated area may appear pink in color, but will resolve in 1-2 hours. The skin may feel tight, dry, swollen and sensitive to the touch.
- Do not wash your face until evening. Wash the treated area gently with a gentle cleanser and you may apply moisturizer (which does not contain “active” ingredients) thereafter. You may resume your normal daily skin and makeup routine the day after treatment.
- Do not use exfoliating medications, chemicals, or products on the treated areas for at least 2 weeks.
- Sun exposure must be avoided for at least 24 hours after your treatment – preferably 1-2 weeks. We recommend physical avoidance of the sun in all treated areas by using a protective hat and full-spectrum sunblock of SPF 30 or higher.
- No exercise that causes sweating, hot tubs, sauna, or steam baths if any skin irritation exists for 24 hours after your treatment.
- **For best results and efficacy, treatments are recommended every 3-4 months.**