



COSMELAN PROTOCOL

In office | Phase I: intensive depigmentation 8-12 hours

Step 1. Your professional skin therapist will perform a deep cleanse with an oil removing solution.

Step 2. The professional will apply cosmelan 1 with highly concentrated active ingredients for a powerful depigmenting effect. The Professional will decide on the application time for each case. You will be sent home with a UV shield and instructions for the remainder of the application time. It is important to go directly home and limit any activities until application time is complete. You can gently mist the cosmelan mask with water throughout the application time to prevent so drying and flaking.

Step 3. After application time is complete (as recommended by professionals) it is time to rinse. Rinse carefully with plenty of lukewarm water and repeat as required, avoiding direct contact with the eyes. In case of erythema, tightness or irritation, we recommend you apply a layer of hydra-vital factor k and allow it to work for 10-15 minutes.

1st MONTH | Phase II: continuous depigmentation

After 48 hours of the cosmelan 1 mask removal, continue with daily depigmentation to ensure the corrective action of the method and to control melanin production inside the melanocyte.

APPLICATION PROTOCOL 1st month after the salon treatment:

AM: Gentle cleanser with no actives, Cosmelan 2, Hydra Vital K, SPF 30+

MIDDAY: Cosmelan 2, Hydra Vital K, SPF 30+

PM: Gentle cleanser with no actives, Cosmelan 2, Hydra Vital K

Instructions for use: apply cosmelan 2 three times a day (morning, midday and night) following with hydra-vital factor k, and sun protection SPF 30+ after daytime applications. Use of eye and lip products can continue. **AVOID ALL SKIN TREATMENTS (Including injectables) till the last phase - month 4 to 7.**

2nd-3rd MONTH | Phase III: pigmentation regulation

At this point, it is important to treat the root cause, controlling melanin production through constant melanocyte control. This controls both intra and intercellular melanin availability and prevents repigmentation.



APPLICATION PROTOCOL 2nd to 3rd month after the salon treatment:

AM: Gentle cleanser with no actives, Cosmelan 2, Hydra Vital K, SPF 30+

MIDDAY: SPF 30+

PM: Gentle cleanser with no actives, Cosmelan 2, Hydra Vital K

Instructions for use: apply cosmelan 2 morning and night, followed by hydra-vital factor k, and sun protection SPF 30+ during the day. In case of continuous sun exposure, reapply UV protection at midday. Use of eye and lip products can continue. **AVOID ALL SKIN TREATMENTS (Including injectables) till the last phase - month 4 to 7.**

4th-7th MONTH | Phase IV: reappearance control

There is a constant risk of developing dark spots. During the control phase, the treatment prevents the reappearance of treated dark spots and the formation of new ones, for longer-lasting success. Once the method is complete, we strongly recommend continuous use of sun protection as a permanent cosmetic treatment.

APPLICATION PROTOCOL 4th to 7th month after the salon treatment:

AM: SPF 30+

MIDDAY: SPF 30+

PM: Cosmelan 2, Hydra Vital K

Instructions for use: apply cosmelan 2 followed by hydra-vital factor k at night. During the day, apply sun protection SPF 30+, and reapply in case of continuous sun exposure. **At the 4 month point you can start reintroducing your other skin care products and treatments.**

The results of this treatment may not be permanent and the longevity of these results depends on following recommended product and treatment maintenance. Sun exposure, UV rays and heat may cause pigmentation to re appear.

Longevity of post care products may range depending on the patient and individual products are available for purchase should you finish them prior to months 4 to 7.