



HYDRAFACIAL POST CARE

HydraFacial™ is the only hydradermabrasion procedure that combines cleansing, extraction and hydration simultaneously, resulting in clearer, more beautiful skin with little-to-no downtime. The treatment is soothing, moisturizing, non-invasive and generally non-irritating. As with most procedures, visible results from HydraFacial will vary from person to person.

What to Expect During and Immediately After Treatment

- Your skin may experience temporary irritation, tightness, or redness. These are all normal reactions that typically resolve within 72 hours depending on skin sensitivity.
- You may experience tingling and stinging during the treatment area. These sensations generally subside within three hours of treatment.
- Client experiences may vary. Some people may experience a delayed onset of the previously mentioned symptoms.

****Contact us immediately if any unusual side effects occur or if symptoms worsen over time.**

Next Steps

- You will likely see results immediately after treatment and your skin will feel smooth and hydrated for one to four weeks. For improved, longer lasting results, consider take-home products and monthly HydraFacial treatments.
- The treatment area is more susceptible to sunburn, sun damage and hyperpigmentation. Avoid direct sun exposure and use a minimum of SPF 30 sunscreen.
- Aggressive exfoliation, waxing and products containing acids should be avoided in the treatment area for a minimum of two weeks pre- and post-treatment.
- Avoid the use of Retin-A type products pre- and post-treatment.
- Good Skincare Through a Healthy Lifestyle
- Maintain your skin health by following the below recommendations.
 - ★ Drink plenty of water
 - ★ Eat a balanced diet
 - ★ Take a daily vitamin
 - ★ Get plenty of sleep
 - ★ Avoid smoking
 - ★ Exercise regularly
 - ★ Avoid tanning beds
 - ★ Minimize alcohol consumption
 - ★ Manage daily stress

Contact us at 780-459-7769 x 2 if your symptoms appear to worsen or if you have any questions about your treatment.