



Consent For Circumcision

Procedure: CIRCUMCISION

Prior to performing the circumcision we advise that you apply Emla Cream to the foreskin and base of the penis covering the area in a small amount of saran wrap to keep the cream against the skin. This will freeze the skin, reducing the discomfort during the procedure.

Your baby boy will be placed in a Olympic circ restraint, a simple plastic mold that holds your baby's legs down with velcro straps so that he does not kick during the procedure. We would like one of the relatives to be present during the circumcision to help comfort the patient.

The baby's diaper is then folded down and the penis and scrotum are sterilized with iodine solution. If there is any family history of allergies to iodine please inform the staff prior to the procedure. We then place a sterile drape (small window in the middle) over the penis enabling sterility of the surrounding surgical field. The base of the penis is then frozen with a needle and syringe using a mixture of a long acting and short acting freezing. This is inserted at the base of the penis into the surrounding nerve complex. This may produce a small amount of bruising but it does freeze the foreskin producing a painless procedure. The foreskin has now been anaesthetized. The opening of the urethra where a baby boy urinates from called the meatus will be inspected before the circumcision is performed to ensure that there are no congenital anomalies. The skin is stretched to enable the metal bell of the circumcision clamp to be inserted and at the same time enabling the foreskin to be freed up from the glans penis. The circumcision bell is then assembled into the circumcision clamp with the foreskin that is going to be circumcised being clearly visible above the bell. At this point the physician will ask the relative to observe the amount of the foreskin being removed once the clamp has been tightened the procedure is almost complete. The excess skin after 4 minutes is then trimmed and the bell released from the circumcision clamp and the bell removed.

The circumcision is now complete. Ointment is applied to the glans penis and ring of skin around the circumcision which will subsequently heal. There may be some oozing of blood from the wound for up to 30 minutes after the procedure. This should not soak through a diaper. If there are any concerns about excessive bleeding after the procedure call your physician immediately. Please apply Polysporin triple ointment to the wound with each diaper change with a cotton gauze as shown during the procedure until the wound is healed in approximately 5 days.

I, the parent/guardian of _____ consent to the procedure of circumcision.

PARENT/LEGAL GUARDIAN Name

PARENT/LEGAL GUARDIAN Signature

Staff

Date



CIRCUMCISION INFORMATION FOR PARENTS

Circumcision is a surgical procedure in which the skin covering the end of the penis is removed. The procedure is usually performed by a Doctor in the first few days of life in the hospital or in a Doctor's office.

Although there are personal or religious reasons, some possible medical benefits are as follows:

- Lower chance of urinary tract infections
- Lower risk of cancer of the penis
- Lower risk of getting sexually transmitted diseases including HIV (the AIDS virus)
- Prevention of foreskin infections
- Prevention of Phimosis, a condition where it is impossible to retract the foreskin

Risks:

- bleeding, infection, cutting the foreskin too short or too long
- improper healing
- decrease in sensation in the tip of the penis later in life

CARE AND CLEANING

During the first 24 hours check for bleeding frequently. Change the gauze every time the baby urinates or has bowel movement. Wash your hands with antibacterial soap, remove the old or soiled gauze, apply one large teaspoon of Polysporin Triple ointment over the whole glans penis (the bulb at the end) while GENTLY retracting the remaining foreskin. Covering the whole head of the glans penis and under the remaining foreskin will help to prevent the remaining foreskin from adhering to the glans. Apply a clean gauze. If the old gauze is stuck on, get a clean face cloth soaked with warm water and squeeze it over the gauze until it comes loose. Pat dry gently.

HOW DO I KNOW IF IT IS HEALING?

In 2 to 3 days you may notice yellow sticky substance. Do not try to remove it. The penis should be healed in one week

and be pink around where the incision is. Baby can go in the bath but put a thick layer of polysporin around to protect the wound from the water.

COMMON CONCERNS

- Your baby may not want to eat after the circumcision. Continue to offer him a breast or bottle. Your baby may not urinate for a number of hours after- this is normal.

CALL THE DOCTOR IF

- Blood around the penis is bright red and soaking the gauze pad and onto the diaper.
- Your baby has not urinated for 24 hours after the circumcision.
- Signs of infection: Increased redness, swelling, increased pus discharge, increased irritability or fever.
- On call physician is available after hours by calling our office and choosing ext 8