



CHEMICAL PEEL PRE + POST

FIVE DAYS BEFORE YOUR CHEMICAL PEEL:

Avoid these products and/or procedures in area(s) treated:

- Electrolysis, waxing, depilatory creams, laser hair removal
- Retin A® or Tazorac®, exfoliators or irritants
- Do not suntan or sunburn

****NOTE: the use of these products or treatments prior to your peel may increase skin sensitivity and cause stronger reactions**

AFTER YOUR CHEMICAL PEEL:

- Skin may appear slightly redder than usual for 1-2 hours. Expect to see visible flaking and/or peeling. Do not pick at any peeling skin. Apply moisturizer recommended by your technician as needed to relieve dryness.
- Use sunblock daily for at least 1 week. We always recommend continuous, daily protection from the sun for your skin's health.
- Avoid direct sun for 2-3 weeks
- Avoid excessive heat sources
- Avoid strenuous exercise for 24 hours.
- Avoid use of Retin A® or Tazorac®, exfoliators or irritants for 5 days.
- Avoid shaving, tweezing, laser or waxing on treated areas for 5 days.